

NECANN COMMUNICATION August 2025

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INTRODUCTION

Hello and welcome to the latest North East CANN Update.

North East Children's Additional Needs Network shares information and helps to increase the reach of your services for children and young people in the region.

Regarding updates and information, if you have material or information that you would like forwarded to the members of the Network, or any updates, please ensure that you email it to Miriam on info@northeastcann.org, before the end of the month.

Thanks to everyone who shared the information below for our latest update, which contains information and sessions for children and young people with additional needs and their parent carers.

You can find these Communications on the NECANN Website at: https://northeastshirecann.org/blog/

NECANN MEETING DATE

Next Meeting

Thursday 25th September 12-1pm Virtual - logins will be sent closer to the time

CO CHAIR COMMENTS

NECANN Introduction – From Tracey Huggins

I am delighted to be a part of NECANN along with Bev...

What can I say about myself? If you already know me, you'll know that I am passionate about SEND and making an impact in whatever way I possibly can. I am huge on co-production and collaboration which led me to pop my name in the hat for the co-chair role. I believe not one person/group/organisation can do it all—much more people can be supported when we work together. Collaboration is key.

As a parent carer myself, I know the holidays are tough and tiring at times. Some of us want that Insta-perfect life—where some of us just want to survive. I just want you to know whichever you are, is perfectly okay, because we can only do what we can do. As a mental health advocate, look after yourself, take every day in your stride, and remember there's always another parent carer there if you need them.

Tracey Huggins

We'll be introducing Beverley Wright in the next communication, so keep an eye out for her introduction and insights coming soon!

Best wishes Bev, Tracey, Kerry and Miriam. NECANN Co-Chair's and Admin

NEW MEMBERS

The Chronicle Sunshine Fund



The Chronicle Sunshine Fund is a local northeast charity that provides specialist and adapted equipment to children aged 0-19 living with disabilities, additional needs, chronic and terminal illness. The types of equipment we can fund are not available through statutory services like the Local Authority or NHS; yet they are vital to the daily life of our Sunshine kids. These specific pieces of equipment enrich quality of life for not only the children, but their wider families

and communities. We also hold free family fun sessions during school holidays, these range from our annual beach day so our themed sensory sessions.

https://www.thesunshinefund.org/

Go Kids Go



Go Kids Go have been running wheelchair skills training for young wheelchair users since 1990. The training is designed to enable independence and to help ensure that the young people are able to reach their full potential. We run workshops for manual and powered wheelchair users.

Some of the skills we teach on the workshop include back wheel balancing, road safety, manoeuvring skills and emergency evacuation as well as an introduction to wheelchair basketball. We bring extra wheelchairs so that parents, siblings and friends can join in with the activities. We also run disability/wheelchair awareness workshops in mainstream schools for pupils and staff. TV presenter Ade Adepitan MBE, learnt wheelchair skills with us as a young man and is now a patron of Go Kids Go.

https://www.go-kids-go.org.uk

If you know of any groups that may be interested, please get them in touch!

LATEST NEWS AND INFORMATION

RESEARCH

DATES FOR YOUR DIARY - NATIONAL / ONLINE

Keep Connected: Understanding & living with an acquired brain injury (ABI) in children

This online support event is for parents and carers who suspect their child has an acquired brain injury (ABI) following meningitis.

Date: 16 September 2025

Time: 10.30 am - 12 pm

What topics will the course cover?

Does your child have long-term after-effects from meningitis, such as fatigue, memory problems, changes in behaviour, or sensory issues?

Do you think they have an acquired brain injury (ABI), but you are struggling to get this recognised? Do you need support to get a diagnosis?

What strategies can you give your child to help with their after-effects? And how can you get the support your child deserves in school?

We are delighted to have Dalia Chowdhury, Educational Service Manager at the Child Brain Injury Trust, join us for this online event, to talk us through the journey of getting an acquired brain injury (ABI) diagnosis and the issues your child might be experiencing.

Dalia will also discuss accessing support for your child in school and ways you can support them. Find out more about Dalia here.

This online event, presented over Zoom, will be hosted by Community Support Officer, Paul Blackburn and a member of Meningitis Now staff as tech support.

Interested?

Please book here and we'll be in touch after registrations close on 1 September 2025 to confirm your place.

https://www.meningitisnow.org/get-support/support-events/online-support-events/keep-connect ed-understanding-living-with-an-acquired-brain-injury-abi-in-children/

Any questions?

Email Community Support Officer and event lead Paul Blackburn at paulb@meningitisnow.org

Forever Weekend - Northampton

Join us for our Forever Weekend, a bereavement event for adults aged 18+ who have lost a loved one to meningitis, at Sedgebrook Hall, Northampton.

Event information

Date: Friday 10 October 2025 - Saturday 11 October 2025

Location: Sedgebrook Hall, Pitsford Rd, Chapel Brampton, Northampton NN6 8BD

Key Information

Date: Friday 10 to Saturday 11 October 2025 Time: 10am on Friday to Saturday afternoon

Location: Sedgebrook Hall, Pitsford Rd, Chapel Brampton, Northampton NN6 8BD

We are pleased to announce that our next Forever Weekend will take place at <u>Sedgebrook Hall</u>. Sedgebrook Hall is located in the picturesque village of Chapel Brampton, in the heart of the beautiful Northampton countryside. Set in idyllic country gardens, Sedgebrook Hall seamlessly mixes Victorian heritage with modern comforts. The hotel has a Gym and Pool which you can use and a beauty Spa which you can book.

Whether your loss happened recently or some time ago, by attending this event you will have the opportunity to:

- Have time away in safe and supportive surroundings
- Talk about your loved one
- Understand grief, bereavement and its impact
- Share experiences with others who understand
- Find comfort, hope and reassurance that you are not alone
- Access support from our Meningitis Now support team

Throughout the weekend you can join in the suggested programme of supportive discussion groups and creative activities – but also take time to relax and reflect with others who understand.

Please join us for this warm and supportive weekend What's included?

Attendance; including your accommodation, full board and attendance to all sessions.

If you would also like to stay at the hotel on Thursday 9 October please let us know and we will provide your room and breakfast on the Friday morning. Please arrange your own dinner for Thursday evening.

If you are unsure about attending or have any aspects you would like to talk over, please contact the event lead Esme Lee (Community Support Officer) on esmel@meningitisnow.org or call 07468476068.

Travel is not included but if the cost of travel is a barrier to you attending, please contact us. To register, please follow the link below

Please find terms and conditions here.

https://www.meningitisnow.org/get-support/support-events/forever-events/forever-weekend-northampton/

Contact our meningitis Helpline | Meningitis Now

Meningitis support in the community | Meningitis Now

Health Conference - Principles for Delivering Clinical Tasks in Education Settings for Children and Young People with EHCPs.

A conference from the Newcastle upon Tyne Pilot and other regional variations in partnership with MiSS (Medicines in Specialist Schools), Regional NHS England, ICB's, DfE.



Principles for Delivering Clinical Tasks in Education Settings for Children and Young People with EHCPs.

A conference from the Newcastle upon Tyne Pilot and other regional variations in partnership with MiSS (Medicines in Specialist Schools), Regional NHS England, ICB's, DfE.

A new Health Support Assistant Role for Specialist settings to deliver medications and enteral feeds with full job protection, training and clinical supervision.

"We want to share our journey in bringing Health Governance into an educational setting."

Principles

- The importance of the principles of Health delegation to schools.
- The interpretation of the current Children & Families Act 2014.
- The importance of developing the foundations, creating new systems, including governance, data and partnership working.
- The awareness that skills already lie in the people that are in the service and understanding what a change in the system can offer in terms of opportunity.
- The importance of partnership work agreeing and sharing responsibilities.

This conference is an opportunity for colleagues in Education and Health to learn from the Newcastle Pilot and other regional groups journeys to meeting the Health Care Needs of our Children and Young People with EHCP's.

- How do we audit the Health needs in our EHCP's?
- How do we commission Health Care from the ICBs?
- How do we ensure Local Authorities provide governance of Health in Education?
- How do we secure job protection in new Health roles in partnership with the unions?
- How do we ensure clinical supervision remains with Health?

These and more questions will hopefully be answered.

















Health Conference Programme

9:00

Registration, coffee and networking Welcome and Introduction

9:45 - 10:15

Benedict Coffin (DfE SEND Unit)

Identifying the areas specialist settings are experiencing. Separation of 'Supporting Children with Medical Needs advice vs entitlement.

10:15 - 11:00

Principles - The Newcastle Pilot - Sharing one set of principles; one model.

11:00 - 11:20

Tea/Coffee and networking

11:20 - 11:40 Leeds

11:40 - 12:00

Bradford

12:00 - 12:20

Cumbria

12:20 - 13:10

Lunch and networking

13:10 - 13:50

MP for Newcastle upon Tyne North – Catherine McKinnell Minister of State for School Standards

13:50 - 14:10

Greater Manchester

14:10 - 14:30

Pharmacy Team

14:30 - 14:45

Tea/Coffee and networking

14:45 - 15:15

MISS (Medicines in Specialist Schools)

15:15 - 16:00

Q&A and networking







For more information please contact admin@equalsoffice.co.uk

Equals national conferences are usually oversubscribed so early booking is recommended. To book a place, please email admin@equalsoffice.co.uk or you can ring using 0191 272 1222. There is also an online form on the equals website at www.equals.co.uk

















Changing Faces Workshop for Children and Families - Supporting your child

Our Supporting Your Child online workshop is full of advice and top practical tips to support parents and carers of children and young people, who have a scar, mark or condition on their face or body that makes them look different.

Read on for more details about the workshop and to find out how to register.

Key details

Date: Tuesday 21st October 2025

• Time: 7.15pm – 9:00pm

Location: Zoom

Who is it aimed at? Parents and carers

About the day

The workshop will include:

- How to handle staring and awkward social situations
- Building confidence for you and your child
- The opportunity to listen to guest speakers talking about their own experiences of living with a visible difference

To make sure everyone feels comfortable, we will be capping attendance at around 22 parents or carers. Partners and co-parents are also welcome to attend together.

Once a participant has registered for the workshop, a member of our Wellbeing Team will get in touch to arrange a short, informal pre-workshop call on Zoom to meet you.

Register Here:

https://www.changingfaces.org.uk/services-support/workshops-for-children-families

Guide Dogs My Time to Play Virtual Sessions for children with a visual impairment aged 0-4





Guide Dogs My Time To Play Virtual Sessions 2025 for children with a vision impairment aged 0-4

We offer fun and supportive group sessions to help your child develop the practical skills and confidence to explore their world – all through the power of play. You will meet other parents and pick up skills from our expert staff that will help you support your child's early development with confidence.

Sessions run for seven consecutive weeks starting dates are:

Friday 31st January 10.00-11.00 a.m. - with Heather & Maria Monday 3^{rd} March 10.30-11.30 a.m. - with Imogen and Lauren Friday 2^{nd} May 10.30-11.30 a.m. - with Maria & Celina Wednesday 2^{nd} July 10.30-11.30 a.m. - with Sophie & Victoria Friday 5^{th} September 10.00-11.00 a.m. - with Sharon & Abbie Friday 23^{rd} October 10.30-11.30 a.m. - with Rebecca, Alice and Machala

Give them the best possible start in life and sign up for our My Time to Play virtual programme by calling 0800 781 1444 or by using the online enquiry form https://www.guidedogs.org.uk/getting-support/getting-in-touch-form/



Guide Dogs is a working name of The Guide Dogs for the Blind Association. Registered Office: Hillifields, Burghfield Common, Reading, Berkshire RG7 3YG A company limited by guarantee registered in England and Wales (209646) and a charity registered in England and Wales (209617),

Communication Matters International AAC Conference - Early Bird Discount ends 11th July



7-9 September 2025 at the University of Leeds

Registration is now open for the UK's only in-person event that brings together AAC users, their families, carers, researchers, professionals, and suppliers for four days of learning, networking, socialising, and celebrating Augmentative and Alternative Communication (AAC). The conference is expected to welcome 500+ attendees from the UK and beyond.

Here's a glimpse of what you can expect:

Hear from keynote speaker Professor Bronwyn Hemsley, Head of Speech Pathology, University of Technology Sydney, speaking on "Identity and Connections: AAC, AI & Authorship" 80+ presentations and workshops covering research, clinical practice, and personal stories Visit the exhibition featuring leading AAC and AT suppliers Attend the biennial AAC Awards including dinner and dancing Join the Research Study Day with parallel sessions on "The Future of AI in AAC" and "Becoming an Aided Communicator"

To learn more visit https://www.communicationmatters.org.uk/conference/

DOING IT SOLO

Supporting lone parents of disabled children, young people and adults

Making time to acknowledge our achievements Share experiences and learn together Connect with other parents in similar situations

Doing It Solo Summer Support Sessions

Mid Summer Drop in: Monday 4th August 2025 - 7.00pm to 8.30pm Late Summer Drop in: Friday 29th August 2025 - 10.30am to 12.00noon Transition to term-time: Monday 8th September 2025 - 7.00pm to 9.00pm

Funded by the Big Lottery 'Awards for All', our workshops and drop-in sessions aim to help lone parents think about and achieve their goals, learn what other support is available (especially in times of crisis), and to offer support for lone parents to self advocate.

We provide opportunities to learn practical life skills, focussing on emotional regulation and well-being. We want parents to connect and build confidence to help reduce feelings of loneliness and isolation.

for info and booking email: tony@bringingustogether.org.uk

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for info email: tony@bringingustogether.org.uk

DATES FOR YOUR DIARY - REGIONAL

Unite Inclusive Activity Schedule

HAF is the council ran school holiday provision that is free to those on free school meals, there is also a discretionary portion for those with SEND who aren't in receipt but would benefit from coming to sessions.

Dates are just being confirmed but we aim to run sessions most Monday's, Tuesday's and Sunday's in Northumberland and Wednesday and Friday in Conset



Monday's, Tuesday's & Sunday's across Northumberland.





The BIG Holiday Heist:

Dodge lasers, fight fires, save lives and solve crimes in our hands-on emergency services day. Practice your emergency service skills, work as a team and try your hand at being the next great jewel thief!

LEGO Masters Day:

Are you the next LEGO master? Complete creative and engineering build challenges solo and in teams.

Horrid History Day:

Create your own hieroglyphics, avoid the plague and build a sword and shield fit for a jousting battle in this day inspired by history.

Summer Survival Camp: WHOLE FAMILY SESSION

Test your survival skills and bravery at Broomley Grange Activity Centre.

Space Camp:

SPECIAL GUEST VIST: Local Author - Naomi Barley

Join Naomi and The Zig Zags for a day full of space themed activities.

Back To The Future Day:

Head back to the 90's and check out twister, friendship bracelets and pass the parcel, join us in 2025 for a nerf battle and messy play, then head to the future and design your own game to play in 2050!

Neurofest Visit: Tickets Available at Eventbrite.com

Head to LIFE Science Museum and visit Unite Club's NEUROFEST 2025!

Explorer Camp:

Dig for buried jewels and fossils, build erupting volcanoes and save the dinosaurs from the Ice Age. Are you brave enough to explore?

Cookery Club:

Show off your cookery skills by making pizza and decorating cookies. PLUS try your hand at a game of "Is it cake?!" Non-Food activities available.



July - August - September 2025

Activities for visually impaired children across the North East



www.usefulvision.org.uk

Now part of



How to book

Get in touch with our friendly team via one of the following options.

CALL: 0191 264 1959

EMAIL: usefulvision@hwn.org.uk

ONLINE: usefulvision.org.uk/events

Once you have booked you will receive a confirmation email.



www.usefulvision.org.uk

Now part of



Events at a glance...

July:

Sunday 6 July Border Reivers Archers

Sunday 13 July The Art Room

Sunday 20 July Elswick Community Swimming

Pool

Wednesday 30 July NUFC Tour

August:

Saturday 2 Aug Lilidorei & Alnwick Garden

Wednesday 6 Aug NUFC Tour

Tuesday 12 Aug Useful Vision's Fun Morning

Wednesday 13 Aug Stepney Bank Stables

Saturday 16 Aug Air Trail at Tees Barrage

Tuesday 19 Aug Creative Music Session

Thursday 21 Aug Humbles Wood Animal

Activity Farm

September:

Saturday 6 Gutterball Bowling

Saturday 27 Lakeside Swimming Pool

www.usefulvision.org.uk

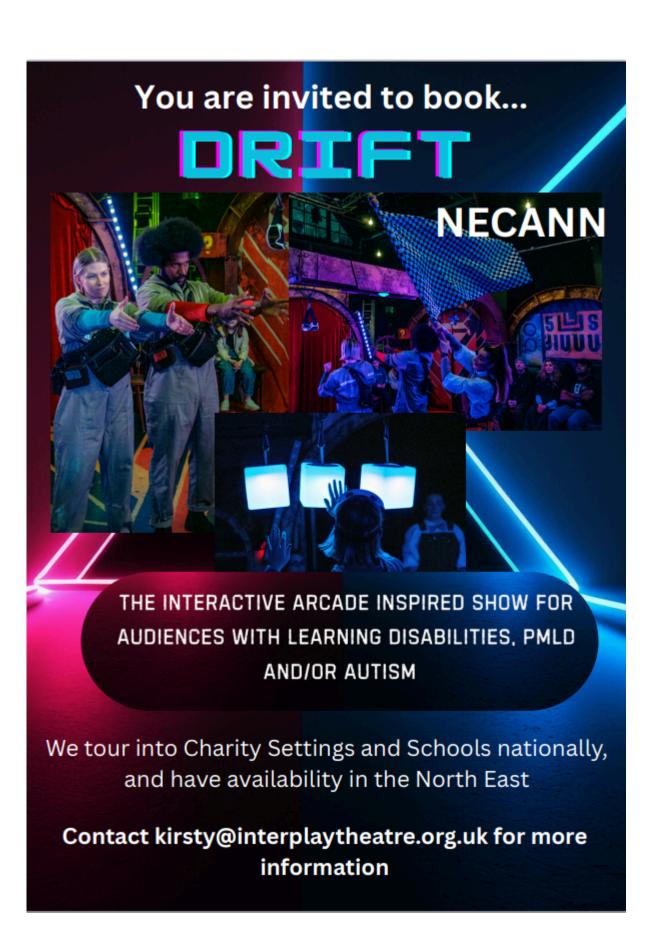
Now part of

NeuroFest



Special offer for CANN members - DRIFT from Interplay Theatre

Interplay Sensory Theatre have some available dates on our tour for £800 a day, and groups can get in touch with me to find out more. There's also a QR code there to recommend us to a school.





If this show isn't right for your setting, but you'd like to reccomend us to an SEN School, please send them this flyer, or give us their contact information here:





Tuesday 23rd September
Wednesday 24th September
Thursday 25th September
Friday 26th September
Saturday 27th
BOOKED

North Tyneside Autism Hub

For parents / carers of children who are awaiting a referral to the neurodevelopmental diagnostic team, on the diagnostic pathway or post diagnosis of autism.

Children must be living in North Tyneside.

We have the following dates available:

Riverside Family Hub NE29 6DQ	Howdon Family Hub NE28 OAL	Shiremoor Family Hub NE27 OTA
02/09	09/09	16/09
07/10	14/10	21/10
04/11	11/11	18/11
02/12	09/12	l

Supporting your autistic child workshop

The workshop will cover:

- · worries and action planning
- common misconceptions
- differences in autistic children
- · practical strategies to use in everyday life

These sessions will run 10-12 and must be pre-booked.

One to one appointments

These appointments are for families that have questions or would like to discuss any issues in confidence.

These appointments are available between 9-10 and 12.30-4 and must be pre-booked.



north east

autism society

To book please contact Rebecca Weatherstone on 0191 410 9974 or rebecca.weatherstone@ne-as.org.uk

Registered Charity No. 1028260 | Company Limited by Guarantee No. 2859620

Newcastle Autism Hubs

For parents / carers of children who are on the diagnostic pathway or post diagnosis of autism.

Children must be living in Newcastle

north east autism society



We have the following dates available:

Nunsmoor Centre, Studley Terrace, NE4 5AH	Galafield Centre Newbiggin Ln, NE5 1LZ	Byker Sands 19 Raby Cross, NE6 2FF	Fawdon Childrens Centre, Cairns Way, NE3 2SN
03/09	10/09	17/09	24/09
01/10	08/10	15/10	22/10
05/11	12/11	19/11	26/11
03/12	10/12	l	I

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- · differences in autistic children
- · practical strategies to use in everyday life

These sessions will run 10-12 and must be pre-booked.

One to one appointments

These appointments are for families that have questions or would like to discuss any issues in confidence.

These appointments are available between 9-4pm and and must be pre-booked.



To book please contact Rebecca Weatherstone on 0191 410 9974 or rebecca.weatherstone@ne-as.org.uk

Registered Charity No. 1028260 | Company Limited by Guarantee No. 2859620



Durham Autism Hubs

For parents / carers of children who are awaiting a referral to the neurodevelopmental diagnostic team, on the diagnostic pathway or post diagnosis of autism.

Children must be living in Durham.

We have the following dates available:



north east



Stanley Family Hub Clifford Road, DH9 OAB	Willington Family Hub Chapel Street, DL15 0EQ
07/08	14/08
04/09	11/09
02/10	09/10
06/11	13/11
04/12	11/12

Supporting your autistic child workshop

The workshop will cover:

- · worries and action planning
- · common misconceptions
- · differences in autistic children
- · practical strategies to use in everyday life

These sessions will run 10-12 and must be pre-booked.

One to one appointments

These appointments are for families that have questions or would like to discuss any issues in confidence.

These appointments are available between 9-10am and 1-3pm and must be pre-booked.



To book please contact Rebecca Weatherstone on 0191 410 9974 or rebecca.weatherstone@ne-as.org.uk

Registered Charity No. 1028260 | Company Limited by Guarantee No. 2859620



Summer Holiday Activity Programme 2025

Activity sessions for children with SEND.

Relaxed & friendly sessions full of sports, games and activities to get involved in.

Siblings welcome too!

Session ages are a guide, please contact

us to have a chat to discuss your individual child's needs.

Tyne & Wear

County Durham

We are not postcode restricted, so please book onto any sessions/events you are

able to travel to!

Northumberland

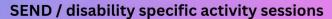
For more information visit: www.smilethroughsport.com/whats-on





Summer Holiday Activities

Week 3 - 4th August - 8th August





Monday

Outdoor games (8 plus) 10.30am-12.30pm Gibside National Trust, Gateshead, NE16 6BG FREE

Adapted Cycling (8 plus) 12.30pm-2pm **Newburn Activity Centre,** Newcastle, NE15 8ND £4pp

Boccia session 4pm-5.45pm Concordia Leisure Centre, Cramlington, NE23 6YB £4pp

Tuesday

Multi-sport session (8 plus) 10am-12nn Nissan Leisure Centre. Sunderland, SR5 3NS £4pp

Multi-sport session (8 plus) 1.30pm-3.30pm **Cramlington Community** Centre, Cramlington **NE23 1DT** £4pp

Wednesday

Outdoor games (8 plus) 10.30am-12.30pm Washington Old Hall National Trust, NE38 7LE FREE

Multi-sport session (4-7) 10.30am-12nn **Balkwell Community** Centre, North Shields. NF29 7LU £4pp

Multi-sport session (8 plus) 2.30pm-4.30pm Tyneside Badminton Centre, Newcastle, NE5 2TA £4pp

Thursday

Outdoor games (8 plus) 10.30am-12.30pm Souter Lighthouse. Sunderland, SR6 7NH FREE

Multi-sport session (8 plus) 1.30pm-3.30pm The Louisa Centre, Stanley, DH9 0TE £4pp

Friday

Visual Impairment Sport session (6 plus) 10am-12nn Cedars School, Gateshead **NE9 60D** £4pp

Multi-sport session (4-7 yrs) 1pm-2.30pm Cedars School, Gateshead NE9 6QD

Book Now

info@smilethroughsport.com

or 01670 457 757



@smilethroughsport



@smiletsport



Summer Holiday Activities

Week 4 - 11th August - 15th August SEND / disability specific activity sessions



Monday

Outdoor games (8 plus) 10.30am-12.30pm Gibside National Trust, Gateshead, NE16 6BG FREE

Adapted Cycling (8 plus) 12.30pm-2pm **Newburn Activity Centre,** Newcastle, NE15 8ND £4pp

Boccia session 4pm-5.45pm Concordia Leisure Centre, Cramlington, NE23 6YB £4pp

Tuesday

Multi-sport session (8 plus) 10am-12nn Nissan Leisure Centre. Sunderland, SR5 3NS £4pp

Multi-sport session (8 plus) 1.30pm-3.30pm **Cramlington Community** Centre, Cramlington **NE23 1DT** £4pp

Wednesday

Outdoor games (8 plus) 10.30am-12.30pm Washington Old Hall National Trust, NE38 7LE FREE

Multi-sport session (4-7) 10.30am-12nn **Balkwell Community** Centre, North Shields, **NE297LU** £4pp

Multi-sport session (8 plus) 2.30pm-4.30pm neside Badminton Centre, Newcastle, NE5 2TA £4pp

Thursday

Outdoor games (8 plus 10.30am-12.30pm Crook Hall, National Trust, Durham, DH1 5SZ

Friday

Visual Impairment Sport session (6 plus) 10am-12nn Cedars School, Gateshead NE9 6QD £4pp

Multi-sport session (4-7 yrs) 1pm-2.30pm Cedars School, Gateshead **NE9 60D** £4pp

Book Now

info@smilethroughsport.com

or 01670 457 757

@smiletsport



@smilethroughsport



Northumberland Parent Carer Forum Summer Activities

We've got lots of exciting things coming up at Northumberland Parent Carer Forum, we've been working hard behind the scenes to help get you through the upcoming Summer Holiday's!

First Up.....

It's our SEND friendly summer holiday guide! This is your guide to all the events and activities for children & young people with SEND and their families to enjoy in and around Northumberland.

You can find the link below to our guide 👇



https://lnkd.in/ebj6d7-H



NEAS Summer Resources 2025

Good afternoon,

For your information I wanted to share with you our new resources that we have produced to support families during the Summer Holidays.

Our 65-page Summer Activities guide includes sports, adventure, art and craft, science, films, parties, play sessions and hundreds of other great activities going on around the North East this summer.

Our Summer toolkit is packed full of useful resources for families to use over the holidays. Including a daily planner, countdown calendar, tips for going on holiday, transition back to school guidance, preparing for the first day at a new school and activity ideas.

Families can download both for free, at our website https://www.ne-as.org.uk/family-development/family-resource/seasonal-resources/

Sunshine Families Accessible Beach Day



The Sunshine Fund have teamed up with South Shields Surf CIC to host an inclusive beach day with plenty of different activities for your children and their siblings to get involved in. We have limited spaces available for several activities which are available on a pre-booked basis.

What activities are available...*

Surf sessions – we have two general surf sessions available plus a limited number of adaptive surf session slots available – these include 30 minutes with our friends from South Shields Surf who are professionally trained and fully qualified to provide adapted sessions with specialist equipment. Contact us for more info!

🏖 Coastal explorers – exploring what's on the beach and in the sea!

Please contact me to book a slot – email Bev.Wright@thesunshinefund.org or text/phone 07593 298 541.

Alternatively, if you don't want to book a specific activity, you're welcome to join us for a fun beach day! Please just confirm your attendance so we have an idea of numbers.

Everything you need to know...*

- 🌞 Entry is FREE
- 🔆 Friday 8th August
- South Shields seafront Sandhaven beach in front of the South Shields Surf hut, next to the Sand Dancer Beach Bar.
- 🔆 Nearest carpark is at NE33 2LD
- 🔆 All surf sessions will be in individual 30-minute time slots between 9.30am 4.30pm
- 🔆 Come for as little or as long as you like
- ** We will also have some beach-friendly wheelchairs available that you are more than welcome to try out, courtesy of Beach Access North East (BANE)

Grace House Updates

- We have availability at our Summer Holiday HAF Programme with Smile through Sport 7th
 August, 14th August, For children aged 4-18 in receipt of free school meals. Families must
 be registered with us to access. Registration is free. Please contact Vicki VC@Gracehouse.co.uk or Susan SK@Gracehouse.co.uk
- Hadrian's Wall Walk Sunday 17th August. We are doing a sponsored walk along Hadrian's Wall but only 13 miles of it between 2 of the old roman forts. Places are just £45 with a £150 sponsorship target. If any one is interested please get in touch with Harry -HF@Gracehouse.co.uk
- We are attending the SARA Community Fun Day to promote our work within the local community, it is taking place on Thursday 7th August 2025, 11-2pm on the Southwick Primary school field.

Social Media Links and Contact Details:

Website: www.northeastcann.org
Email: info@northeastcann.org
X: https://x.com/CannNorth

BlueSky: https://bsky.app/necann.bsky.social

LinkedIn: https://www.linkedin.com/company/north-east-cann/

Facebook: https://www.facebook.com/northeastcann

Please share NE CANN links with your followers and encourage them to follow too. Please add info@northeastcann.org to your Contact list to stop it going into junk.