



SYCANN COMMUNICATION
October 2025

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INTRODUCTION

Hello and welcome to the latest South Yorkshire CANN Update.

South Yorkshire Children's Additional Needs Network shares information and helps to increase the reach of your services for children and young people in the region.

Regarding updates and information, if you have material or information that you would like forwarded to the members of the Network, or any updates, please ensure that you email it to Miriam on southyorkshire@cann-network.org, before the end of the month.

Thanks to everyone who shared the information below for our latest update, which contains information and sessions for children and young people with additional needs and their parent carers.

You can find these Communications on the SYCANN Website at:
<https://www.cann-network.org/blog/>

SYCANN MEETING DATES

Please let us know if you need any support accessing the meetings

Future dates:

SY CANN Quarterly Meeting
The Voice of Our Youth
Tuesday 2nd December
10am to 12pm at Irwin Mitchell's offices in Sheffield

CHAIR COMMENTS

Dear SYCANN members,

I cannot tell you how ace it was to have so many of you join us to tune into a topic of periods and menopause that affects everyone. Big thanks to Chella and Margaret for giving their time to present. Thanks also for your patience as we find the best solutions to our hybrid offer. In the board room, the 'owl' packed in and turns out less is more when it comes to laptops! We are still learning. 🤔🤔🤔😊

Our next meeting on **Tuesday 2nd December** will be 'The Voice of Our Youth'. There are currently 3 slots of 10 minutes so if you and your work would benefit from showcasing, or if you are wanting to start a project with young people, and need to consult the hive-mind, please let me know. This

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next one will be in-person only, as we see in the busy December month with a few games and some festive treats following as always, great discussions and networking. It would be great if you can join us from 10-12pm.

Wow, these months are whipping by (boring but true for me)! Please don't forget to sign up to have a stand and provide a game or craft at the **Irwin Mitchell charity event on 14th December**. I'll be there with jingle bells on.

Keep up the good work.

Kindest regards,

Nina
Co-chair SYCANN

Nina Rose and Maxine Beckett
SYCANN Co-Chair's
South Yorkshire CANN

ADMIN COMMENTS

Exciting News from The CANN Network!

As we continue to grow, we're moving from regional websites to a single national hub:
www.cann-network.org

This means <https://www.southyorkshirecann.org> will soon redirect to our new site, and our email addresses are updating too:

- info@southyorkshirecann.org → southyorkshire@cann-network.org
- General enquiries → admin@cann-network.org

We're currently transferring all the information, so both sites will run side by side for a while. But it's a great time to update your mailing lists and contact details now. We'll send reminders as updates come through.

All social media links will remain the same as regional.

Thanks for being part of our journey—here's to expansion and better connection across the UK!

Miriam Watson-Pratt
Administrator
admin@cann-network.org

Irwin Mitchell Christmas Themed Family Fun Day

We're pleased to announce that we will be hosting a Christmas themed family fun day on the **14th December 2025**. Please see below for key info, with more details to follow in due course.

We would absolutely love to see as many SYCANN members attend the event as possible. As some of you will know, we've run similar events like this in previous years, which have been well received by local families. The aim of the event is to provide a free and fun activity for all the family to enjoy. With this in mind, it would be much appreciated if you could let us know if you're able to attend with a stall and provide a fun activity for the children to enjoy. This can be anything you like, big or small, but it would be great if you could share what you'd like to do so we can help coordinate this (some ideas for inspiration are at the bottom of this email!). We are looking into hiring a 'Santa' and entertainment for the day, so will keep you updated in due course on this, but it would be great for the families to have a choice of activities to take part in. We would also really appreciate your support as CANN members in promoting the event with your own networks, to help this reach as many families and service users as possible – please do let us know if you're happy to support the event in this way. 😊

Key information:

- Venue; Niagara Centre, Niagara Road, Sheffield, S6 1LU
- Date; Sunday 14th December 2025
- Time; 11am – 2pm (set up time tbc)
- Cost; Free

Ideas for your stall:

- Nail painting
- DIY Christmas decorations
- Finger painting
- Christmas tree drawing stencils
- Giant connect 4
- Write a letter to Santa station
- Story telling corner (quiet room available)
- Sensory experience (if you have the equipment)

Please can you confirm your place as soon as possible by emailing Nicole.quinn@irwinmitchell.com, so we can T up the venue in plenty of time. Any questions please do let us know and thank you in advance for your support.

Anna.Stacey@IrwinMitchell.com

An invitation to the event for you to send out to your members will be available in early October.

NEW MEMBERS



Everyone Active Charitable Trust

Our services have always been provided for the health and wellbeing of communities, and for the less advantaged groups within those communities. Together, we strive to support our communities to live healthy and happy lives.

Our strategy outlines how we will support the delivery of the Sport England objectives, United Nations Sustainable Development Goals, NHS long term plan, Office of Health

Improvement and Disparities and UK active's vision for a decade of change, to address inequalities in healthy life expectancy across our communities.

<http://www.slmcharitabletrust.com>



Sheffield Mind

We are a registered charity (276108) providing mental health care and support to people in Sheffield.

We provide a range of services including counselling, creative therapies, peer support groups, anger management and one to one support to people in their communities. We also provide training and advice to individuals and organisations city wide.

<https://www.sheffieldmind.co.uk/>

If you know of any groups that may be interested, please get them in touch!

If you are not yet on the SYCANN website, you can be added by completing this form:

<https://www.southyorkshirecann.org/member-registration>

Please only use contact details that are for public use

RESEARCH

What Education Was Like for Me – Animation & Survey

We're excited to share a powerful new animation co-produced by the SEND Alliance and My Pockets, created as part of the SEND and AP Change Programme with the DfE. This short film helps young people, parents, and professionals understand what the Change Programme is all about—and why it's vital for SEND young people to be involved.



We need your voice!

If you're a SEND young person aged 11–25 in Yorkshire and the Humber, please take a few minutes to complete our survey. Your insights will help shape peer research and influence SEND education reform.



Watch the animation here: <https://www.youtube.com/watch?v=wngL7SXduao>

Take the survey here:  <https://forms.gle/EUFNKzeLLWNx8Z8z8>

Let's make sure every voice is heard.  #SENDVoices #ChangeProgramme #SENDReform #YouthVoice



Have Your Say: Complete the survey

Are you a young person with SEND? Are you aged between 11-25?

Your thoughts matter! together we can **create a better** education for all.

Please go to our **website** to watch the animation and scan the QR code or follow the [link](#) to complete the survey to tell us about your experiences in education to feedback into the change programme



www.sendyouthvoice.com

<https://forms.gle/EUFNKzeLLWNx8Z8z8>

INFORMATION & DATES FOR YOUR DIARY - NATIONAL/ONLINE

Incoming B&A Online events December 2nd and 3rd 2025

Registrations are live for our next online B&A events for 11–25-year-olds.

Open for any young person 11-25 years old who has been impacted by Meningitis. This event is open to the young person who has experienced the disease and their siblings

Our 11–17-year-olds will take part in a creative session with The Crafty Hen and our 18–25-year-olds will enjoy a practical session looking at their personal strengths and how to use them to move forward positively in their lives, with Morissa from Family Action

Please do share the links far and wide and let's make this our most successful online ever!

<https://www.meningitisnow.org/get-support/supporting-young-people/believe-achieve/events-weekends/>

Communication Matters Study Day - 21st November London

'Inspiring New Ways of Thinking About Access to Technology for People with Intellectual Disability'
Study Day - Registration Now Open

21st November 2025, 9.30-4pm, Irwin Mitchell Offices, Temple, London, EC4Y 0AY

Communication Matters are delighted to partner with a range of leading academic and clinical experts in cognitive disability to host this exciting event.

Following on from our previous Study Day in November 2019 ('Where Next for People with Cognitive Disabilities & Electronic Assistive Technology?'), we will offer delegates a range of plenaries and workshops to explore the state of play around existing technology for people with cognitive disability as well as the opportunity to (re)consider how to activate current and future technologies in creative and innovative ways. This is a standalone event and, although drawing on learning from the 2019 event, there is no need for delegates to have attended the previous Study Day to benefit from this one.

Attendance: £100 for non-members, £90 for members and £75 for AAC users/PAs/family members. Lunch and refreshments included.

Learning objectives, full programme and booking details can be found [here](#). Register your place now!

<https://www.communicationmatters.org.uk/what-we-do/study-days/>

Down Syndrome UK - PADS Professionals Webinar for October & November

We are delighted to advise that PADS offers free informal monthly lunchtime webinars, aimed at supporting and training all healthcare professionals around best practices to improve the maternity experience of parents of a baby with Down syndrome.

Created and delivered by parents, experts in the lived experience of pregnancy and life with a child with Down syndrome, the sessions will provide you with a chance to learn from our experiences, to seek advice and ask questions. At PADS we believe that every woman with a high chance or confirmed result of baby having Down syndrome has the right to enjoy a pregnancy free from discrimination and not be subjected to any prejudicial language or attitudes.

The Lived Experience of PADS Dads

Tuesday 21st October - Midday

In terms of maternity experiences the dads can often be overlooked especially if the mother and baby need a bit of extra care. We are very grateful to 3 proud PADS dads who are going to share with you a dad's perspective on having child with Down syndrome.

Click here and add details to register for this event:

<https://downsyndromeuk.my.site.com/community/s/maternitywebinars>

Cultural perspectives – how we support families across different cultures

Monday 17th November - Midday

In this webinar we are joined by parents of children with Down syndrome who share their Lived Experiences of their culture, their difficulties and triumphs as well as how PADS supports them in their parenting journey.

Click here and add details to register for this event:

<https://downsyndromeuk.my.site.com/community/s/maternitywebinars>

Royal Society for Blind Children - Connecting Families sessions

Tuesday 14th October 7-8pm

[Connecting Families Online: Personal Care for Young People with a vision impairment · Luma](#)

From washing and dressing to toileting, periods & shaving to home adaptations and life hacks. Join us for a session with Rosie, our Habilitation Specialist to discuss how small wins around the home can empower your children and boost their wellbeing and confidence. This is a relaxed,

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judgment-free space where you can ask questions – big or small! Our group understands the unique challenges you're facing.

Additionally, head over to our website to find out more about other activities for families, children and young people with VI <https://www.rsbc.org.uk/whats-on/>

Kidz to Adultz North heads to Liverpool with a bigger focus on transition and brilliant prizes to be won

I'm Carmel from Disabled Living. We're a charity that's been supporting people of all ages with disabilities and additional needs across the UK since 1897. Alongside our services and helplines, we also run the Kidz to Adultz events, which I think could be really valuable for you, your colleagues, and the people you support, please do feel free to share.

Wednesday 3rd December 2025 | ACC Liverpool Port of Liverpool, Kings Dock Street, L3 4FP | 9.30am – 4.00pm

Free entry | Parking available | Fully accessible

One of the UK's largest free events dedicated to children and young people with disabilities and additional needs, supporting people across the whole of the North West is returning to the North this winter.

Kidz to Adultz North will take place at ACC Liverpool on Wednesday 3rd December 2025 – welcoming families, carers and professionals from across the region for a day of expert advice, practical support and inclusive fun. Kidz to Adultz exhibitions offer a unique opportunity to connect with over 100 exhibitors – from mobility and seating to education, employment, funding, sensory products and more.

A bigger focus for 2025: Navigating transition

Alongside the usual paediatric elements of the event, this year's event will spotlight an important new area of support across all Kidz to Adultz exhibitions: helping young disabled people and their families navigate life's key transitions – whether that's preparing for adulthood, accessing further education, moving into employment or gaining greater independence. Parents, carers, and professionals will be able to explore dedicated information and services to help make these transitions smoother and more informed.

Expert-led seminars – CPD certified

Our CPD-certified seminars are a key highlight of the event. Covering all the hot topics, they're free to attend, expert-led, and packed with useful insights for parents, carers, and professionals. Just turn up on the day and scan at the end of the presentation to collect your CPD Certificate. The full timetable is available on our website.

Alongside the exhibition and seminars, there will also be:

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A fun-filled soft play area to keep little ones entertained
A magical Santa's Grotto bringing festive cheer for all ages
Join in the Bubble Ology experience
And much more.....

Competition time

To mark the return of Kidz to Adultz North to Liverpool, all visitors attending the event will have the chance to enter an exclusive competition with exciting prizes kindly donated by Premium at M&S Bank Arena including:

Four accessible tickets to see ELF the Musical – a festive treat for the family
Two premium tickets to see James Arthur at the M&S Bank Arena, Liverpool
Two premium tickets to see Jimmy Carr at the M&S Bank Arena, Liverpool
Full competition details will be available at the event.

This event is ideal for parents, carers, healthcare professionals, SENCOs, therapists, and anyone supporting a child or young adult with a disability or additional needs. With a wide range of companies providing specialist equipment and organisations offering support and services, whether you're seeking practical solutions, expert advice, or the opportunity to connect with others, you'll find it all here.

Register for free now and find out more:
<https://www.kidzexhibitions.co.uk/kidz-to-adultz-north-1/>

Interested in being more involved? We would love to hear from you... do get in touch
kidzteam@disabledliving.co.uk

Kind regards

Carmel Hourigan
Email Address - carmel.hourigan@disabledliving.co.uk
Website - www.kidzexhibitions.co.uk

Cauldwell Children Impact Report

We Changed Lives In 2024!

Every child deserves the chance to thrive, thanks to our supporters that's exactly what we've made possible.

Our 2024 Impact Report is now live, and it's filled with powerful stories and heartfelt moments that show just how far your generosity has gone. From life-changing autism assessments to fun-filled inclusive events and vital service grants.

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Download The Full Report - <https://www.caudwellchildren.com/this-is-us/impact-report>

H.I.E. Conference - Thursday 14th May 2026

Tickets are on sale for our first H.I.E. Conference, taking place on Thursday 14th May 2026 at The Lowry, Manchester.



H.I.E. CONFERENCE

14th May 2026
The Lowry, Salford Quays

Kindly supported by:



BoltBurdonKemp



The theme is “Hear, Inform, Empower.”

Our first announced speakers are Nicholas Hamilton & Paula Abramson.

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"Nicolas is a disability ambassador and hugely inspiring speaker. Born with Cerebral Palsy, following an H.I.E. event at birth, Nicolas and his parents were told that he would never walk, or talk, but this did not stop him for achieving his dream of becoming a successful racing driver."

Paula Abramson will be joining us on the 14th May 2026, and we hope you will too. Paula is a psychotherapist and training facilitator, specialising in providing bereavement support to families and training for professionals, following the death of a baby or child.

Conference tickets here: <https://www.eventbrite.co.uk/e/hie-conference-tickets-1434277846649>

Direct Payment Support Group Some Dates for your diary 2025 - 2026

Liz Leach from Imagineer Development UK CIC & Support Brokerage Network and Katie Clarke from Accessible Calderdale are pleased to announce a new series of workshops.

Our workshops are for people who already receive a Direct Payment or Personal Budget, or those people who are interested in this option.

These sessions help people to develop a greater understanding about the assessment process, financial assessment, support planning and recruiting and training of Personal Assistants.

Workshops will help attendees know their rights as a Direct Payments recipient.

Our sessions are a safe place to come together with like-minded people, learn together and share what works, what doesn't work and what we can do to make employing our own team/s easier.

Thanks to Skills for Care we are running the following sessions:

- 16th September at the Kings Centre, Halifax 10am to 3pm Recruitment Top Tips
- 15th October online 6pm to 8pm Guidance and Legislation
- 12th November online 6pm to 8pm Not Another Assessment
- 3rd December online 6pm to 8pm Support Planning for Individual Employers
- 12th January online 6pm to 8pm Managing your own PA/s
- TBC February online Disability Related Expenses workshop
- 2nd March full day workshop 10am to 3pm What Does Good Support Look Like?

We will be running 3 outreach workshops for family and disabled led organisations so do get in touch if you want us to join one of your sessions.

We run a closed group for anyone receiving Social Care to share ideas, knowledge, and support.

For more information on the Direct Payment Support Group please contact katie@visitsunlimited.org.uk and follow us on social media @AccessibleCalderdale

For bookings contact lorraine.accessiblecalderdale@gmail.com

Forever Weekend – Northampton

Join us for our Forever Weekend, a bereavement event for adults aged 18+ who have lost a loved one to meningitis, at Sedgebrook Hall, Northampton.

Event information

Date: Friday 10 October 2025 - Saturday 11 October 2025

Location: Sedgebrook Hall, Pitsford Rd, Chapel Brampton, Northampton NN6 8BD

Key Information

Date: Friday 10 to Saturday 11 October 2025

Time: 10am on Friday to Saturday afternoon

Location: Sedgebrook Hall, Pitsford Rd, Chapel Brampton, Northampton NN6 8BD

We are pleased to announce that our next Forever Weekend will take place at [Sedgebrook Hall](#). Sedgebrook Hall is located in the picturesque village of Chapel Brampton, in the heart of the beautiful Northampton countryside. Set in idyllic country gardens, Sedgebrook Hall seamlessly mixes Victorian heritage with modern comforts. The hotel has a Gym and Pool which you can use and a beauty Spa which you can book.

Whether your loss happened recently or some time ago, by attending this event you will have the opportunity to:

- Have time away in safe and supportive surroundings
- Talk about your loved one
- Understand grief, bereavement and its impact
- Share experiences with others who understand
- Find comfort, hope and reassurance that you are not alone
- Access support from our Meningitis Now support team

Throughout the weekend you can join in the suggested programme of supportive discussion groups and creative activities – but also take time to relax and reflect with others who understand. Please join us for this warm and supportive weekend

What's included?

Attendance; including your accommodation, full board and attendance to all sessions.

If you would also like to stay at the hotel on Thursday 9 October please let us know and we will provide your room and breakfast on the Friday morning. Please arrange your own dinner for Thursday evening.

If you are unsure about attending or have any aspects you would like to talk over, please contact the event lead Esme Lee (Community Support Officer) on esmel@meningitisnow.org or call 07468476068.

Travel is not included but if the cost of travel is a barrier to you attending, please contact us.

To register, please follow the link below

Please find terms and conditions [here](#).

<https://www.meningitisnow.org/get-support/support-events/forever-events/forever-weekend-norhampton/>

[Contact our meningitis Helpline | Meningitis Now](#)

[Meningitis support in the community | Meningitis Now](#)

Health Conference - Principles for Delivering Clinical Tasks in Education Settings for Children and Young People with EHCPs.

A conference from the Newcastle upon Tyne Pilot and other regional variations in partnership with MiSS (Medicines in Specialist Schools), Regional NHS England, ICB's, DfE.



Health Conference 21st November 2025

Friends House, 173-177 Euston Road,
Central London, NW1 2BJ - 9:30am - 3:15pm

Principles for Delivering Clinical Tasks in Education Settings for Children and Young People with EHCPs.

A conference from the Newcastle upon Tyne Pilot and other regional variations in partnership with MiSS (Medicines in Specialist Schools), Regional NHS England, ICB's, DfE.

£149
+VAT

A new Health Support Assistant Role for Specialist settings to deliver medications and enteral feeds with full job protection, training and clinical supervision.

"We want to share our journey in bringing Health Governance into an educational setting."

Principles

- The importance of the principles of Health delegation to schools.
- The interpretation of the current Children & Families Act 2014.
- The importance of developing the foundations, creating new systems, including governance, data and partnership working.
- The awareness that skills already lie in the people that are in the service and understanding what a change in the system can offer in terms of opportunity.
- The importance of partnership work agreeing and sharing responsibilities.

This conference is an opportunity for colleagues in Education and Health to learn from the Newcastle Pilot and other regional groups' journeys to meeting the Health Care Needs of our Children and Young People with EHCP's.

- How do we audit the Health needs in our EHCP's?
- How do we commission Health Care from the ICBs?
- How do we ensure Local Authorities provide governance of Health in Education?
- How do we secure job protection in new Health roles in partnership with the unions?
- How do we ensure clinical supervision remains with Health?

These and more questions will hopefully be answered.



Health Conference Programme

9:00

Registration, coffee and networking
Welcome and Introduction

9:45 - 10:15

Benedict Coffin (DfE SEND Unit)

Identifying the areas specialist settings are experiencing.
Separation of 'Supporting Children with Medical Needs' advice
vs entitlement.

10:15 - 11:00

Principles - The Newcastle Pilot - Sharing
one set of principles; one model.

11:00 - 11:20

Tea/Coffee and networking

11:20 - 11:40

Leeds

11:40 - 12:00

Bradford

12:00 - 12:20

Cumbria

12:20 - 13:10

Lunch and networking

13:10 - 13:50

MP for Newcastle upon Tyne North – Catherine McKinnell
Minister of State for School Standards

13:50 - 14:10

Greater Manchester

14:10 - 14:30

Pharmacy Team

14:30 - 14:45

Tea/Coffee and networking

14:45 - 15:15

MISS (Medicines in Specialist Schools)

15:15 - 16:00

Q&A and networking



For more information please contact admin@equalsoffice.co.uk

Equals national conferences are usually oversubscribed so early booking is recommended.
To book a place, please email admin@equalsoffice.co.uk or you can ring using 0191 272 1222.
There is also an online form on the equals website at www.equals.co.uk



Changing Faces Workshop for Children and Families - Supporting your child

Our Supporting Your Child online workshop is full of advice and top practical tips to support parents and carers of children and young people, who have a scar, mark or condition on their face or body that makes them look different.

Read on for more details about the workshop and to find out how to register.

Key details

- Date: Tuesday 21st October 2025
- Time: 7.15pm – 9:00pm
- Location: Zoom
- Who is it aimed at? Parents and carers

About the day

The workshop will include:

- How to handle staring and awkward social situations
- Building confidence for you and your child
- The opportunity to listen to guest speakers talking about their own experiences of living with a visible difference

To make sure everyone feels comfortable, we will be capping attendance at around 22 parents or carers. Partners and co-parents are also welcome to attend together.

Once a participant has registered for the workshop, a member of our Wellbeing Team will get in touch to arrange a short, informal pre-workshop call on Zoom to meet you.

Register Here:

<https://www.changingfaces.org.uk/services-support/workshops-for-children-families>

Guide Dogs My Time to Play



Guide Dogs My Time To Play Virtual Sessions 2025 for children with a vision impairment aged 0-4

We offer fun and supportive group sessions to help your child develop the practical skills and confidence to explore their world – all through the power of play. You will meet other parents and pick up skills from our expert staff that will help you support your child's early development with confidence.

Sessions run for seven consecutive weeks starting dates are:

Friday 31st January 10.00-11.00 a.m. - with Heather & Maria
Monday 3rd March 10.30-11.30 a.m. - with Imogen and Lauren
Friday 2nd May 10.30-11.30 a.m. - with Maria & Celina
Wednesday 2nd July 10.30-11.30 a.m. - with Sophie & Victoria
Friday 5th September 10.00-11.00 a.m. - with Sharon & Abbie
Friday 23rd October 10.30-11.30 a.m. - with Rebecca, Alice and Machala

Give them the best possible start in life and sign up for our My Time to Play virtual programme by calling 0800 781 1444 or by using the online enquiry form <https://www.guidedogs.org.uk/getting-support/getting-in-touch-form/>



Guide Dogs is a working name of The Guide Dogs for the Blind Association, Registered Office: Hillfields, Burghfield Common, Reading, Berkshire RG7 3YG.
A company limited by guarantee registered in England and Wales (291646) and a charity registered in England and Wales (209617),
Scotland (SC038979) and Isle of Man (1334).

INFORMATION & DATES FOR YOUR DIARY - REGIONAL

Input Needed from any individuals, VCSE's or groups who would be willing to advise on our Young People's Volunteering Service.

My role is to support young people to volunteer across Barnsley. As this is a new service, I'm looking to hear from anyone who works with young people, and in particular young people with additional needs. This would involve a one-off chat (in-person, over the phone or via MS Teams) to share your knowledge of what the service might need to look like to ensure we are supporting all young people to volunteer, whatever their background or ability.

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www.southyorkshirecann.org
info@southyorkshirecann.org

Also, if anyone delivers services in Barnsley and has volunteering opportunities available, I'd love to hear from you!

Thanks,

John

john.rowbotham@barnsleycvs.org.uk

'Sensory ambulance' filled with calming lights gives Sheffield SEND children space to be themselves at events

Read More > <https://www.thestar.co.uk/news/sensory-ambulance-wade-savage-5325342>

New Training Series: Supporting Autism & Learning Disabilities through Menopause and Puberty

Dear Colleague,

We are pleased to launch a new series of free, virtual training sessions designed to raise awareness of menopause and puberty, and their impact on people with a learning disability and autistic people.

These sessions will equip health and social care colleagues with practical tools, insights, and approaches to provide person-centred care and support.

Upcoming webinars include:

- *Navigating Menopause to Support People with Autism*
- *Supporting People with Learning Disabilities through Puberty*
- *Puberty and Autism: Understanding, Support and Communication*
- *Understanding Male Menopause*

By attending, you will:

- ✓ Build confidence in recognising the unique challenges faced by autistic people and people with a learning disability.
- ✓ Learn practical strategies to offer sensitive and effective support.
- ✓ Strengthen your ability to deliver inclusive care across services.

 17 Dates and registration details are:

Module 2 Navigating Menopause to support people with Autism

Tuesday 14 October 2025, 12.00 noon to 1.00pm

South Yorkshire CANN
www.southyorkshirecann.org
info@southyorkshirecann.org

Follow the link to book a place

<https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=13306>

Module 3 Supporting People with Learning Disabilities Through Puberty

Thursday 23 October 2025, 12.00 noon to 1.00pm

Follow the link to book a place

<https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=13308>

Module 4 Puberty and Autism: Understanding, Support, and Communication

Tuesday 30 September 2025, 12.00 noon to 1.00pm

To book a place please follow the link:

<https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=13305>

Module 5 Understanding Male Menopause (Andropause): Myths, and Management

Thursday 6 November 2025, 12.00 noon to 1.00pm

To book a place please follow the link:

<https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=13307>

Together, we can ensure that menopause and puberty are recognised and managed with the care and understanding everyone deserves.

We look forward to seeing you at a future session soon.

Kind Regards,

Harriet



South Yorkshire ICB – Menopause Programme

Training facilitator: Amanda Smith, AKS Consultancy

Over the next year, South Yorkshire Integrated Care Board (SY ICB) will be raising the profile of menopause and its impact on people with a learning disability and autistic people. Through a dedicated series of training webinars, we aim to equip health and social care colleagues with the knowledge and tools to better understand and support individuals experiencing the menopause. These webinars will highlight the unique challenges faced by people with a learning disability and autistic people, promote person-centred approaches, and help ensure that menopause is recognised and managed with sensitivity and appropriate care across our services.

Module 2	Navigating Menopause to support people with Autism
Tuesday 14 October 2025, 12.00 noon to 1.00pm	
Follow the link to book a place https://stlukes.accessplanit.com/accessplan/checkout/AddItems?courseid=13306	
Module 3	Supporting People with Learning Disabilities Through Puberty
Thursday 23 October 2025, 12.00 noon to 1.00pm	
Follow the link to book a place https://stlukes.accessplanit.com/accessplan/checkout/AddItems?courseid=13308	
Module 4	Puberty and Autism: Understanding, Support, and Communication
Tuesday 30 September 2025, 12.00 noon to 1.00pm	
To book a place please follow the link: https://stlukes.accessplanit.com/accessplan/checkout/AddItems?courseid=13305	
Module 5	Understanding Male Menopause (Andropause): Myths, and Management
Thursday 6 November 2025, 12.00 noon to 1.00pm	
To book a place please follow the link: https://stlukes.accessplanit.com/accessplan/checkout/AddItems?courseid=13307	

If you experience any difficulties booking a place, please contact teresa.candido@nhs.net

If you would like further information on our Menopause Programme, please contact
anita.winter@nhs.net

Carers Wellbeing Project - Sheffield Mind

To whom this may concern,

I hope this message finds you well.

I'm Amy a Carer Support Worker from Sheffield Mind and I am reaching out to introduce you to our new Carers Wellbeing Project.

We are delighted to be working with [Sheffield Flourish](#) and [Space To Breathe](#) on this project to provide Carers 18+ in Sheffield with practical, crisis and wellbeing support.

The project is funded by the ICB through [Synergy Sheffield](#) and allows us to offer:

- practical and supportive help with all the practicalities of being a carer (care assessment, signposting, respite information etc.)
- help when the person you're caring for is going through a mental health crisis
- ongoing wellbeing support through tools, techniques, groups and resources.

To access support, Carers can self-refer or be referred by GP or another professional / organisation. The project is intended to help any carer who is caring for someone with a mental health challenge and makes the most of the skills and specialities of the three organisations delivering .

We would love to support some of your clients that may be carers.

If you think it would be helpful, It would be great to arrange a meeting to discuss the project further, either in person or virtually at your convenience.

I look forward to hopefully hearing back from you! 😊

With best wishes,

Amy

Amy Brownley
Carer Support Worker

📞 0114 258 4489

✉️ Amy.brownley@sheffieldmind.co.uk

🌐 www.sheffieldmind.co.uk

Disability Sport Survey for Parent Carers

Dial Barnsley teamed up with Grassroots Sports Academy to find out how they can make physical activity and sports more accessible and inclusive for Barnsley families. In order for them to provide tailored sports sessions, they need to find out what parent carers think.

Please share the survey below with your networks. Anyone who completes the survey could be in with a chance to win a brand new Nintendo Switch!

Survey here:

https://docs.google.com/forms/d/e/1FAIpQLSebm_6JTEVRPyznxAxY3hvsTnmTAEJitN2EXXP_VMDMSna8kw/viewform

Pathways to Work – Free Employment Support in Barnsley

This service helps people in Barnsley find and keep a job. It's open to:

- Young people (16–24)
- Adults with health conditions
- Adults with caring responsibilities

Support includes:

- 1-to-1 help with job searches, CVs, and interviews
- Access to a Health at Work Coach
- Ongoing support once you're in work
- Help with finances and signposting to other services

Call 0114 2900 218

PathwaysReferrals@syha.co.uk

findgoodwork.co.uk/refer

Beds for Babies – Free Beds for Under-5s

Struggling to find a safe bed for your young child? The Beds for Babies scheme provides free cots, toddler beds, mattresses, and bedding for families in need across South Yorkshire.

How to apply:

Ask your midwife, health visitor, Family Hub, or support organisation to refer you.

More info: southyorkshire-ca.gov.uk/beds-for-babies

Barnsley CVS Newsletter

South Yorkshire CANN
www.southyorkshirecann.org
info@southyorkshirecann.org

Includes links to local Grants:

https://old.barnsleycvs.org.uk/civicrm/mailling/view?reset=1&id=1592&cid=6106&cs=b7c271ba41d755f1e8f91dacef5e9cf9_1756994107_168

Sheffield SENDIASS Training Dates

What is a Needs Assessment for EHC Plan - 21st October 2025

Events and Training: <https://sheffieldsendias.org.uk/training-events-webinars>

Sheffield Parent Carer Forum Upcoming Events

We provide peer support, signposting, and information sessions for parents and carers of children with SEND. Our work covers a wide range of disabilities, not just neurodiversity.

This Month's Highlights

- Parent Support Group (Women's Group) – 13th October, 10.30-13.30 Stephen Harrison Snooker Club
- Dad's Group: Chalk & Chat – 15th October, 6.30 -9.30 Stephen Harrison Snooker Club
- Disabled Parent Carer Session – 7th November, Old Sharrow Junior School

Upcoming Information Sessions

- 2nd October – Introduction to Autism, Oasis Academy Fairvale, 10am–1pm
- 14th October – Eating Session, Westfield, 10am–1pm
- 21st October – Preparation for Adulthood, Nexus, 10am–1pm
- 5th November – Understanding Sensory, Online, 6pm–8pm

For more details, please see our What's On Guide or visit our website.

We also offer peer support – parents can reach out via our website, leave their details, and a member of our team will be in touch.

Kind regards

Debs

Telephone: 07542600387

Website: www.sheffieldparentcarerforum.org.uk

Facebook: www.facebook.com/SheffieldParentCarerForum/

Twitter: [http://twitter.com/ShefParentForum](https://twitter.com/ShefParentForum)



INFORMATION SESSIONS

What's on - September/October 2025

CONNECT INFORM EMPOWER

Sensory Toolkit
Tuesday 16th September
9.30-12 Ryegate Children's centre

Introduction to Autism
Thursday 2nd October
10-1pm Oasis Academy Fir Vale

Eating
Tuesday 14th October
10-1pm Shortbrook Family Hub

Introduction to Autism
Saturday 27th September
10-12 Mencap & Gateway

Trauma Informed Practice
Saturday 11th October
10 - 12 Online

Preparation for Adulthood
Tuesday 21st October
10 -1pm Nexus

Book via the link on our events page at www.sheffieldparentcarerforum.org.uk or scan the QR code



Please be aware dates are subject to change



INFORMATION SESSIONS

What's on - November/December 2025

CONNECT INFORM EMPOWER

Understanding Sensory
Wednesday 5th November
6-8pm ONLINE

Anxiety
Thursday 13th November
10-1pm Burngreave Family Hub

Introduction to demand avoidant behaviour
Saturday 22nd November
10 - 12 Mencap & Gateway

Sensory Toolkit
Thursday 11th December
10-1pm High Green Development Trust

Book via the link on our events page at www.sheffieldparentcarerforum.org.uk or scan the QR code



Please be aware dates are subject to change

Adult Autism and ADHD Support Hub - October 2025



Adult Autism and ADHD Support Hub - October 2025

Monday – 29/09/2025 Drop-in 1:2:1 support @ 44 Bank Street, S1 2DS - 10:00 – 14:00	Monday – 29/09/2025 12:15 – 13:30 @ 44 Bank Street Self acceptance	Wednesday – 01/10/2025 Drop-in 1:2:1 support @ 44 Bank Street, S1 2DS 10:00 – 12:00	Wednesday – 01/10/2025 12:00 – 14:00 @ 44 Bank Street; S1 2DS Dungeons & Dragons – Group 2 Please let us know if you would like to join Art session Express yourself through Art - Share your creativity with the World Welcome to bring your own art material/equipment or make use of our art material/equipment
Monday – 06/10/2025 Drop-in 1:2:1 support @ 44 Bank Street, S1 2DS - 10:00 – 12:00	Monday – 06/10/2025 12:00 – 14:00 @ 44 Bank Street; S1 2DS Dungeons & Dragons – Group 1 Please let us know if you would like to join 12:15 – 13:30 - Tea & Chat	Wednesday – 08/10/2025 Drop-in 1:2:1 support @ 44 Bank Street, S1 2DS 10:00 – 14:00	Wednesday – 08/10/2025 12:15 – 13:30 @ 44 Bank Street; S1 2DS Zones of Regulation Session 3/3 Face-to-face and virtually Please book in advance
Monday – 13/10/2025 Drop-in 1:2:1 support @ 44 Bank Street, S1 2DS - 10:00 – 14:00	Monday – 13/10/2025 12:15 – 13:30 @ 44 Bank Street, S1 2DS Wellbeing/Self-care	Wednesday – 15/10/2025 Drop-in 1:2:1 support @ 44 Bank Street, S1 2DS 10:00 – 12:00	Wednesday – 15/10/2025 12:00 – 14:00 @ 44 Bank Street; S1 2DS Dungeons & Dragons – Group 2 Please let us know if you would like to join 12:15 – 13:30 - Tea & Chat
Monday – 20/10/2025 Drop-in 1:2:1 support 44 Bank Street, S1 2DS - 10:00 – 12:00	Monday – 20/10/2025 12:00 – 14:00 @ 44 Bank Street; S1 2DS Dungeons & Dragons – Group 1 Please let us know if you would like to join 12:15 – 13:30 - Tea & Chat	Wednesday – 22/10/2025 Drop-in 1:2:1 support @ 44 Bank Street, S1 2DS - 10:00 – 14:00	Wednesday – 22/10/2025 12:15-13:30 @ 44 Bank Street, S1 2DS Zones of Regulation Session 4/3 Face-to-face and virtually
Monday – 27/10/2025 Drop-in 1:2:1 support 44 Bank Street, S1 2DS - 10:00 – 14:00	Monday – 27/10/2025 12:15 – 13:30 @ Bank Street, S1 2DS Executive Functioning Time Management Planning and Prioritising	Wednesday – 29/10/2025 Drop-in 1:2:1 support @ 44 Bank Street, S1 2DS - 10:00 – 12:00	Wednesday – 29/10/2025 12:00 – 14:00 @ 44 Bank Street; S1 2DS Dungeons & Dragons – Group 2 Please let us know if you would like to join 12:15 – 13:30 - Tea & Chat



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The Sleep Charity are looking for parents

The Sleep Charity celebrates after receiving National Lottery Funding to help new parents across South Yorkshire. To kick start the project, the charity is seeking 10 parents and practitioners across South Yorkshire to form a steering group to share ideas about the project. The first meeting is

South Yorkshire CANN
www.southyorkshirecann.org
info@southyorkshirecann.org

online on Monday 10th November at 12 noon to 1pm. To express an interest please complete this form.

https://forms.office.com/Pages/ResponsePage.aspx?id=tM8A_ORGPkqFmV1DXoOj25DBfALI0LhPnNzvFcfZ0lNUMkYyQ0hRSUtBUzIV1pJNEwxUTNLS08wRi4u

Stalls Wanted for Celebrating our Communities Event

1st November 2025 at YMCA - to book email info@barnsley.cityofsanctuary.org

‘Meet the Funder’ event for voluntary & community organisations, CIC’s and Charities in Barnsley

Thursday 6th November 2025 at Barnsley Town Hall 10.00am-12.30pm. Book here.

<https://www.syfab.org.uk/event-details.aspx?id=694>

SOCIAL MEDIA LINKS AND CONTACT DETAILS:

Website:	www.southyorkshirecann.org / www.cann-network.org
Email:	southyorkshire@cann-network.org
X:	https://x.com/CannSouth
Bluesky:	https://bsky.app/sycann.bsky.social
LinkedIn:	https://www.linkedin.com/company/south-yorkshire-cann
Facebook:	https://www.facebook.com/southyorkshirecann

Please share SY CANN links with your followers and encourage them to follow too.

Please add southyorkshirecann@cann-network.org to your Contact list to stop it going into junk.