



SYCANN COMMUNICATION
May 2026

INTRODUCTION	2
SYCANN MEETING DATES	2
CHAIR COMMENTS	2
NEW MEMBERS	3
Almond Tree Foundation	3
Action for Children	3
INFORMATION & DATES FOR YOUR DIARY - REGIONAL	4
Molly's Mates Open Day	4
Community Celebration & Charity Showcase	5
From Memory Books to Future Boxes with CP Teens	7
Junior Learn to Paddleboard with Wheelpower	7
Neurodiversity Sheffield Drop-in Cafe Sessions	8
Barnsley CVS News	10
Yusra Jinaan Foundation is holding a free communication workshop in Sheffield	10
SOCIAL MEDIA LINKS AND CONTACT DETAILS:	12

INTRODUCTION

Hello and welcome to the latest South Yorkshire CANN Update.

South Yorkshire Children's Additional Needs Network shares information and helps to increase the reach of your services for children and young people in the region.

Regarding updates and information, if you have material or information that you would like forwarded to the members of the Network, or any updates, please ensure that you email it to Miriam on southyorkshire@cann-network.org, before the end of the month.

Thanks to everyone who shared the information below for our latest update, which contains information and sessions for children and young people with additional needs and their parent carers.

You can find these Communications on the SYCANN Website at:
<https://www.cann-network.org/blog/>

SYCANN MEETING DATES

Please let us know if you need any support accessing the meetings

Upcoming Meeting:

30th June 2026
24th November 2026
10am to 12pm

Irwin Mitchell's offices in Sheffield
Riverside East House, 2 Millsands, Sheffield S3 8DT

CHAIR COMMENTS

We are delighted to welcome you to our May 2026 update. This month is filled with incredible opportunities for connection, creativity, and outdoor adventure across South Yorkshire. We have some fantastic regional events coming up that celebrate the talents and resilience of our community so please do check out the below.

CANN Conference Reflection

South Yorkshire CANN
www.cann-network.org
southyorkshire@cann-network.org

What an incredible morning we had at our **CANN Conference**! We want to extend a massive thank you to all our **fantastic speakers** who shared their expertise and passion with us. It was a brilliant opportunity to connect, and we have taken so much away from the discussions that will help us continue to improve our support for children and young people across the region.

Save the Date: SYCANN Meeting

Our next Network meeting will be held on **30th June 2026, from 10 am to 12 pm at Irwin Mitchell's offices in Sheffield**. These meetings are a vital space for us to share information and increase the reach of services for children and young people in our region.

A warm welcome to our newest members, The Almond Tree Foundation and Action for Children. Thank you to everyone who contributed to this month's update—your work makes a real difference to families across South Yorkshire.

Nina Rose and Maxine Beckett
SYCANN Co-Chair's
South Yorkshire CANN
chair.southyorkshire@cann-network.org

NEW MEMBERS

Almond Tree
Foundation



Almond Tree Foundation

The Almond Tree Foundation offers wellbeing support for parents of children with disability or long term illness.

We've grown a warm, global community of people with shared experiences and run free online events, including webinars and drop-in sessions, that offer a safe space for reflection, discussion, and support.

<https://www.thealmondtree.org/>



Action for Children

A National children and family charity.

Their four core service areas are family support, children in care, disabled children and mental health and wellbeing.

South Yorkshire CANN
www.cann-network.org
southyorkshire@cann-network.org

Driven by love, they take action so children don't miss out on a safe and happy childhood. They have thousands of people on the ground, giving children and young people the protection and practical help they urgently need. And they campaign for lasting change.

<https://www.actionforchildren.org.uk/>

If you know of any groups that may be interested, please get them in touch!

If you are not yet on the CANN website, you can be added by completing this form:

<https://www.cann-network.org/member-registration-form/>

Please only use contact details that are for public use

INFORMATION & DATES FOR YOUR DIARY - REGIONAL

Molly's Mates Open Day

amyshouse.org.uk/mollys-mates

Come and join us at the...

Molly's Mates Open Day

Tuesday 2nd June 2026

Time slots available

10am-12pm **1-3pm** **4-6pm**

The Hope Centre, Bernard Road, Sheffield, S2 5BQ



Call us on **0114 3124129** or email enquires@amyshouse.org.uk

A dedicated service for adults with additional needs

Molly's Mates is the Amy's House Charity's dedicated day service for adults aged 18 plus with complex needs. Building on the same inclusive, therapeutic approach as Amy House, Molly's Mates offers ongoing support beyond childhood, helping individuals develop life skills, build confidence, and enjoy meaningful experiences in a safe, nurturing environment.

We understand that turning 18 doesn't mean the need for care, structure, and enrichment disappears. That's why Molly's Mates is here, to provide a space where adults with additional needs can continue to thrive, connect with others, and take positive steps towards greater independence.



Our service

Molly's Mates follows a flexible day service model, tailored to each person's abilities, interests, and goals. Whether it's learning practical life skills, exploring creative hobbies, or simply enjoying social time with friends, every session is designed to promote personal growth, wellbeing, and a sense of belonging. We deliver our sessions at a fully accessible centre at The Hope Centre, Bernard Road, Sheffield.

We work closely with individuals and their families to create personalised support plans, ensuring that everyone who attends feels safe, understood, and empowered to achieve at their own pace.

We have an experienced team that brings the same care, dedication, and specialist knowledge that Amy's House is known for.



Our programme

Our programme includes a wide range of activities focused on both enjoyment and development, such as:

- **Life skills training** – cooking, budgeting, shopping trips, household tasks
- **Health and wellbeing** – gentle exercise, mindfulness, outdoor activities
- **Social outings** – cinema trips, bowling, meals out, local events
- **Community engagement** – building relationships, communication skills, and confidence in social settings
- **Creative sessions** – arts and crafts, music, media projects

Each activity is designed to encourage independence, boost self-esteem, and support adults in leading fulfilling, active lives.

How to find us: By car: just off the Sheffield Parkway with large carpark available.
By tram: Hyde Park stop.
By bus: the 24 or 25.

Community Celebration & Charity Showcase

Join us for our special event bringing together members, supporters, and local businesses for a celebration of community, talent, and impact.

Our day will highlight the incredible work being done within the spina bifida community, and create a welcoming place for connection and fun.

Buffet and Social

Enjoy a delicious buffet with a variety of options available. Whether you're catching up with familiar faces or meeting new people, it will be a day centred around a relaxed atmosphere.

SHASBAH's Got Skills: Fun Performances – Get Involved!

We're inviting guests to take part in light-hearted performances – whether you can juggle, tell jokes, perform a short act, or showcase any hidden talent. This is your moment to shine and bring smiles!

Got some funny jokes or a favourite song? Whatever it is, we're here to celebrate with a bit of fun together! It's open to everyone to share a hidden talent, however small. A gift will be given to every participant.

Participation is completely optional, but highly encouraged – this is all about fun and celebrating each other.

Karl Goddard Award Winner Announcement

A key highlight of the day will be the presentation of our Karl Goddard Award from former BBC Radio Sheffield's Andy Kershaw, recognising an individual who has gone above and beyond in supporting and uplifting others within the community.

Join us as we celebrate their achievements and dedication.

Business Stalls and Networking Opportunity

Local businesses from across Sheffield will be hosting stalls, offering a fantastic opportunity to:

- Discover local services and initiatives
- Build meaningful connections
- Explore potential partnerships
- Learn more about how businesses can support charitable work

This event is not only a celebration but also a platform to strengthen ties between the charity, its members, and the wider business community.

Throughout the day, you'll have the chance to learn more about what we do, the people we support, and how you can get involved as a member, volunteer, or partner organisation.

We warmly welcome members, families, carers, local businesses, and community supporters to come together for a day of celebration, inspiration, and connection. We look forward to seeing you there!

Bookings: Please book your places [here](#).

SHASBAH
Together

WED | 27 MAY | 11-3PM
AESSEAL NEW YORK STADIUM, ROTHERHAM, S60 1FJ

Join us in celebrating our community

SHASBAH'S GOT SKILLS
Show us your skills and win an award!
All ages, all inclusive

KARL GODDARD AWARD
Our annual winner announcement
from former BBC Radio Sheffield's Andy Kershaw

SCAN ME

WWW.SHASBAH.CO.UK/EVENTS

COMMUNITY FUND

Registered with FUNDRAISING REGULATOR

With thanks to irwinmitchell

ASSOCIATION FOR SPINA, BMDA AND HYDROCEPHALUS SHEFFIELD

South Yorkshire CANN
www.cann-network.org
southyorkshire@cann-network.org

From Memory Books to Future Boxes with CP Teens

A creative arts workshop offering the opportunity to capture precious memories, hopes and dreams for the future in beautiful handmade books and boxes!

Capture your memories, get creative, and have a chin wag!

Thursday 28th May 2026 (half term), 12-4:30pm.

Chesterfield | Town centre location, straight off the M1.

Cerebral Palsy/physical disabilities | 14-25 years (get in touch if you want to attend, but fall outside of this age bracket)

Lunch is included (although is optional!). Lunch will be a light buffet. The format is as follows:

12:00-1:15pm - lunch and social

1:30-4:30pm - workshop

Contributions towards travel costs can also be claimed back if you are travelling from outside a 25 mile radius.

Workshop and lunch is FREE (including for attending parents/carers/PAs). £25 deposit required to secure your spot - this will be fully refunded to you upon attendance.

BOOK ON!

<https://www.cpteensuk.org/events-1/from-memory-books-to-future-boxes-creative-art-workshop>

Junior Learn to Paddleboard with Wheelpower

Date

Wednesday 20 May 2026

10:00am or 1:00pm

Location

Manvers Waterfront Boat Club

The Boathouse, Station Road

Wath-upon-Deerne, Rotherham

S63 7DG

Join us for a fun, friendly and inclusive Junior Learn to Paddleboard for 10-17 year olds.

Paddle sports are highly adaptable and accessible, making this a fantastic opportunity for young people who may require additional support or adaptive equipment to enjoy a day on the water.

Whether you are trying paddling for the first time or building confidence, this session is all about having fun, learning new skills, and enjoying being active outdoors.

The session takes place at the beautiful Manvers Lake, offering sheltered water, calm conditions, and plenty of wildlife. This is an ideal event for beginners.

Paddle Options & Adaptive Equipment

Participants will have the chance to try paddleboards, kayaks, and canoes, with a wide range of adaptive equipment available. Options include:

- Bespoke paddleboard seats with outriggers for added stability
- Seats compatible with tandem, large and XL boards
- The option to paddle using sports wheelchairs secured to an XL board via our accessible slipway and ramp
- Sit-on-top kayaks and canoes
- Bean bags, foam kneeling saddles, posture-supported seating and other adaptive aids

Everyone's needs are different, so please get in touch ahead of the event to discuss your individual requirements. We are happy to tailor support to suit each paddler.

<https://www.wheelpower.org.uk/activities/junior-learn-to-paddle/>

Neurodiversity Sheffield Drop-in Cafe Sessions

family
action



Neurodiversity Sheffield Early Help Drop-in

- Do you have a child or young person who is living with ADHD or Autism?
- Is your child waiting for a diagnosis of neurodivergence?
- Do you need advice or support around behaviours in your child or young person which might be indicative of neurodivergence?

Delivered by Family Action and supported by Sheffield Parent Hub, Sheffield Family Hubs and Sheffield City Council.

Our informal drop in coffee sessions are a chance to have a chat with other parents/carers who are experiencing similar concerns. You will also have the chance to meet staff from Neurodiversity Sheffield, Sheffield Family HUBS, Ryegate, and other agencies who support families with neurodivergence.

Come along for help, support, advice and information... you will be in good hands.

neurodiversity.sheffield@family-action.org.uk

0114 2412733 or 07816 408019

Neurodiversity Sheffield
Sharrow Community Forum, South View Road,
Sheffield, S7 1DB

Family Action. Registered as a Charity in England & Wales no. 264133.
Registered as a Charity in the Isle of Man no. 1206. Registered Company Limited by Guarantee in England and Wales no. 01068194.

At Sharrow Community
Forum:

Wednesday 13th May,
9.30am-12.00pm

**No diagnosis or
booking required!**

For more information about our service,



or visit
family-action.org.uk

family
action



ADHD Drop-in Information session

Come along to our Information session to learn more about how to support your child with ADHD.

In our information sessions, we discuss the basics of ADHD and provide advice for managing ADHD. Following the session, materials will be provided as well as signposting to other services.

Please arrive on time for the session and note that children cannot attend.

In the event of snow/ice please check our Facebook page for updates, or phone ahead to check whether the session has been cancelled.

neurodiversity.sheffield@family-action.org.uk

0114 2412733 or 07816 408019

Neurodiversity Sheffield
Scotia Works, Leadmill Road, Sheffield, S1 4SE

Family Action. Registered as a Charity in England & Wales no. 264133.
Registered as a Charity in the Isle of Man no. 1206. Registered Company Limited by Guarantee in England and Wales no. 01068194.

At Scotia Works:

10.00am – 11.30am on

Tuesday 13th January,
Tuesday 17th March,
Thursday 21st May

**No diagnosis or
booking required!**

For more information about our service,



or visit
family-action.org.uk

family
action



Neurodiversity Sheffield Early Help Drop-in

- Do you have a child or young person who is living with ADHD or Autism?
- Is your child waiting for a diagnosis of neurodivergence?
- Do you need advice or support around behaviours in your child or young person which might be indicative of neurodivergence?

Delivered by Family Action and supported by Sheffield Parent Hub, Sheffield Family Hubs and Sheffield City Council.

Our informal drop in coffee sessions are a chance to have a chat with other parents/carers who are experiencing similar concerns. You will also have the chance to meet staff from Neurodiversity Sheffield, Sheffield Family HUBS, Ryegate, and other agencies who support families with neurodivergence.

Come along for help, support, advice and information.

In the event of snow/ice please check our Facebook page for updates, or phone ahead to check whether the session has been cancelled.

neurodiversity.sheffield@family-action.org.uk

0114 2412733 or 07816 408019

Neurodiversity Sheffield
Lowdges Community Centre, Gresley Road,
Sheffield, S8 7HN

Family Action. Registered as a Charity in England & Wales no. 264133.
Registered as a Charity in the Isle of Man no. 1206. Registered Company Limited by Guarantee in England and Wales no. 01068194.

At Lowdges Community
Centre:

Tuesday 3rd February,
9.30am-12.00pm

Tuesday 23rd June,
9.30am-12.00pm

**No diagnosis or
booking required!**

For more information about our service,



or visit
family-action.org.uk

Barnsley CVS News

Healthwatch Barnsley are recruiting a Community Voice Officer - [find out more and apply here.](#)

The next Community and Voluntary Sector Designated Safeguarding Lead Network is on 11th June, 12pm-1.30pm, on Microsoft Teams.

To book please email

[barnsleysafeguardingchildrenspartnership@barnsley.gov.uk]barnsleysafeguardingchildrenspartnership@barnsley.gov.uk

Did you know we have a venue available to hire in Monk Bretton? Whether this is for your staff meeting or community event we could host you! [Find out more!](#)

We have a dedicated team of community accountants who are here to help do your accounts, payroll and bookkeeping. Why not take one thing off your to-do list? [Find out more here.](#)

View full newsletter here:

<https://aidemail.co.uk/campaigns/barnsleycvcs/YgNg6PWeNCUKf9NYn3O29T39I>

Yusra Jinaan Foundation is holding a free communication workshop in Sheffield

The Yusra Jinaan Foundation is holding a free communication workshop in Sheffield for parents and carers of disabled children and children with complex needs. The session will be led by a qualified Speech and Language Therapist and will provide practical strategies to help parents and carers better support their child's communication needs.

The workshop is particularly aimed at families from Black, Asian and minority ethnic backgrounds and is designed to offer a culturally sensitive and supportive space where carers can learn, ask questions and connect with others.

Workshop details:

Date: Sunday 17th May

Time: 10:30am - 13:00pm

Location: Floor 4, Don Valley House, Savile Street, Sheffield, S4 7UQ, United Kingdom

Registration link: bit.ly/yjfsheffield



ARE YOU THE PARENT/CARER OF A CHILD WITH COMPLEX NEEDS OR DISABILITIES?

Are you from a Black, Asian or minority ethnic background living in Sheffield?

Join Us for a **FREE Communication Workshop!**

Including:

- Practical communication techniques tailored to children with complex disabilities led by qualified speech and language therapists with an opportunity for Q&A.
- Insight into culturally sensitive strategies to address communication challenges.
- A chance to connect with other parents and carers in your community.

Get in touch at hello@yusrajinaan.org if you have any queries or specific access needs.

(Free parking and wheelchair access available at the venue)

Scan the QR code to secure your spot!



bit.ly/yjfsheffield



Sunday 17th May



10:30am - 13:00pm



Floor 4, Don Valley House
Savile Street, Sheffield
S4 7UQ, United Kingdom

REGISTER NOW!

 [@yusrajinaan](https://www.instagram.com/yusrajinaan)
 hello@yusrajinaan.org
 www.yusrajinaan.org

PRESENTED BY:



IN PARTNERSHIP WITH:



South Yorkshire CANN
www.cann-network.org
southyorkshire@cann-network.org

SOCIAL MEDIA LINKS AND CONTACT DETAILS:

Website: www.cann-network.org
Admin: southyorkshire@cann-network.org
Chairs: chair.southyorkshire@cann-network.org
Bluesky: <https://bsky.app/profile/sycann.bsky.social>
LinkedIn: <https://www.linkedin.com/company/south-yorkshire-cann>
Facebook: <https://www.facebook.com/southyorkshirecann>